

Contra Costa Health Services Spanish Diabetes Group

Fecha Hoy Today's Date:

Health Literacy: Ave Low Tobacco: No/ Yes _____ppd

ADDRESSOGRAPH

Social:

Rango de Pruebas de Azúcar en casa/ Home BS range:

En Ayunas: FBS _____ Otro tiempo _____

Plan de Acción: Meta personal Action Plan

Tema / ROS:

¿ ? Si No
 ¿ ? Si No
 ¿ ? Si No

Examinación enfocada / Focused Exam			
		Target: BP <130/80 LDL<100 (70-90 if CAD)	
Peso/ Wt:	Ht:	BMI:	%
Presión Arterial BP:	/	Pulso pulse:	
Prueba de azúcar hoy/ Fingerstick BS today _____			
Corazon Cor:			
Pruebas de Sangre Lab tests [See Diabetic Registry DMR □]			
Date _____	_____	_____	
A1C _____	_____	_____	
Cr _____	_____	_____	
K _____	_____	_____	
Umic _____	_____	_____	
Chol _____	_____	_____	
LDL _____	_____	_____	
HDL _____	_____	_____	
Trig _____	_____	Foot _____	
ALT _____	_____	Ophth _____	
AST _____	_____	Pneumo _____	

A: 1. AODM

2.

3.

Participation Today: 0 → 1 → 2 → 3 Full Health Education at today's visit:

- Diabetes Basics Hypertension
- Action Plan/Self Management Exercise
- Nutrition/ Food Label/ Fiber Smoking
- Sx. Hypo/ Hyperglycemia Complications
- Glucose Monitoring Foot Care
- Depression Sick Days
- _____ _____

Lista todos sus MEDICAMENTOS	
List all of your medications [<input type="checkbox"/> see Med List / <input type="checkbox"/> RXM List] Indica si necesita repeticiones/ Indicate if you need refills	
1. <input type="checkbox"/> AC/RB:	
<input type="checkbox"/> Unable:	
2. <input type="checkbox"/> Statin:	
<input type="checkbox"/> Unable:	
3. <input type="checkbox"/> Antithrombotic/ ASA:	
<input type="checkbox"/> Unable:	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
Self-knowledge of medications Strong / Fair / Poor	

PLAN: Medication options reviewed. Risks, benefits, SE discussed.

Labs: _____ Diabetes panel

Rx: ASA 81 325 _____

Rx: Simvastatin 40 80(if >160) _____

Rx: ACEI/ARB: _____

Rx: _____

Rx: _____

Immuniz: Pnuemo (repeat >65 @10yr) dTap

Flu Declined Egg Allergy

ADPR DM. Gp Visit Session in 2 wks

PCP Appt _____ -

Referral: Ophthalmology Podiatry _____

99214 - Meets Hx. & Med Decis Making criteria; eg. tests

ordered or reviewed, or meds ordered 99213

Signed