

SUBJECT: LABS AND REFERRALS TO BE ORDERED BY THE CERTIFIED DIABETES EDUCATORS

DEPARTMENTAL UNIT: DIABETES OUTPATIENT CLINIC

AUTHORS: PHYSICIANS/CERTIFIED DIABETES EDUCATORS

PURPOSE: Delineate policies and professional accountability in accordance with the American Diabetes Association National Standards for Diabetes Self-Management Education (DSME).

PROTOCOL: Certified Diabetes Educators shall order the following as indicated per protocol:

For New Patients:

Comprehensive Metabolic Panel

Fasting Lipid Panel

A1c

Thyroid Function Panel

Urinalysis/Urine for microalbumin if urinalysis negative for protein

For Current Patients:

A1c quarterly

Fasting Lipid Panel yearly

Urine for Microalbumin yearly (if not previously positive)

24 hour quantitative urine for protein/creatinine clearance if urinalysis protein or microalbumin previously positive; and then periodically thereafter

Basic chemistry panel yearly

For Patients on TZD's (Thiazolidinediones):

Liver function tests at the start of treatment and every 2 months thereafter for the first year and periodically thereafter.

Certified Diabetes Educators will make referrals to:

Ophthalmology yearly

Podiatry referral as needed

Mental Health referral as needed

Dental referral as needed

Date implemented: 9/14/98

Revised: 9/99, 4/00, 10/00, 2/05

Approved by Diabetes Educational Advisory Committee _____ Date: 2/05

Dr Martin Adler _____

Dr Maren Pedersen _____