

Developing a Culture of Wellbeing: A New Leadership Imperative

December 7, 2022, 10am-1:45pm
Meritage Resort and Spa
875 Bordeaux Way, Napa, CA

AGENDA

Participants will...

- ✓ Identify leadership practices that reduce burnout and foster a culture of wellbeing at the individual, team, and system levels.
- ✓ Learn promising approaches to build wellbeing infrastructure and governance and assess change across the system.
- ✓ Develop a network of peer health system leaders engaged in wellbeing efforts.

9:00 **Breakfast, Networking & Registration**

10:00 **Welcome & Introductions**

- Background and goals for the day
 - ◆ *Giovanna Giuliani, Executive Director, California Health Care Safety Net Institute (SNI)*

10:25 **Wellbeing Leadership Panel: Lessons from the Field**

- Brief presentations by panelists followed by a facilitated discussion about their experiences implementing successful wellbeing initiatives
 - ◆ *Moderator: Dr. Read Pierce, Chief of Hospital Medicine, Associate Chair for Faculty Development and Well-being, University of Texas, Austin*
 - ◆ *Dr. Heather Farley, Chief Wellness Officer, Christiana Care Health System*
 - ◆ *Dr. Marcia Nelson, Chief Medical Officer, Enloe Medical Center*
 - ◆ *Dr. Diane Sliwka, Chief Physician Experience Officer, UCSF Health*

11:35 **Mixed Breakout Groups – Round 1**

- Participants select one roundtable discussion topic to join:
 1. *Buy-in and Commitment*
 2. *Organizing and Prioritizing*
 3. *Measuring and Improving*

12:00 **Prioritization Activity: 2023 Wellbeing Programming**

- Participants are invited to walk around the room and “vote” on 2023 program topics. Each participant will receive 4 green (“interested”) stickers and 1 red (“not interested”) sticker for voting
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12:10	Lunch
12:50	Mixed Breakout Groups – Round 2 <ul style="list-style-type: none">➤ Participants select one roundtable discussion topic to join:<ol style="list-style-type: none">1. <i>Buy-in and Commitment</i>2. <i>Organizing and Prioritizing</i>3. <i>Measuring and Improving</i>
1:15	Team Time <ul style="list-style-type: none">➤ Participants meet with their teams to discuss what they learned during the mixed breakout groups and how they can apply those lessons in their own organizations
1:40	Report-out & Next Steps <ul style="list-style-type: none">➤ Report-out from team time & next steps➤ Summary of voting results
1:45	Adjourn
