

PRIMARY CARE DEPRESSION SCREENING

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PRIME Behavioral Health

Depression screening within primary care is increasing across all health systems. Screening leads to early identification which allows patients to benefit from the team based care necessary to treat their mind and body. Patient Alerts is the preferred vendor for San Mateo Medical Center to screen patients for depression because:

- ◆ On tablet format for patients to complete the PHQ-2 first and if positive seamlessly continues into the PHQ-9.
- ◆ Automatic EMR syncing upon data submission to match primary care provider workflow.
- ◆ Immediate text alerts to a behavioral health clinician for care and collaboration with PCP with a positive PHQ-9 score (<10 or any score on question #9).
- ◆ Patient Alerts monitors yearly screening and alerts registration staff when patients are in need of their behavioral health screen. Patient Alerts is also able to monitor those who are positive for depression and produce weekly reports on which patients with positive depression scores need continued treatment.
- ◆ Available in 60 different languages and the PHQ-9A for adolescents.
- ◆ Patient depression graphs are available as a clinical tool for patients to understand their progress in treatment.

“This new tool is much faster. Most patients only need the PHQ-2 which is very quick but now with the electronic version patients screen faster and less room for transcription error when entering the data manually into the EMR. Makes care coordination with behavioral health much simpler”

- SMMC Medical Assistant



Patient Alerts Depression Screening Application for Integrated Physical Behavioral Health

PHQ-2/9 Tablet

- Fast: 2 minutes on average per screen
- Accurate: Reduction of transcription errors to EMR
- Informative: Providers clinical data for clinicians and patients
- Easy and engaging: For patients and staff.

Patient Alerts to include tele-health consults for primary care clinics late 2017

- ◆ Right Care/Time/Place behavioral health consultation for patient and primary care team
- ◆ Follow up with existing health system behavioral health team or with a Patient Alerts behavioral health provider via telehealth
- ◆ Screening, education, and telehealth all available through the Patient Alerts application

Patient Alerts expands into palliative care:

- ◆ ePOLST Registry aids in meeting the California State Bill SB1004 Palliative Care.
- ◆ Will allow coordination with health systems and EMS services on one platform.



Patients with a positive score on the PHQ-9 will be able to directly connect to a behavioral health provider for consultation. The primary care team will also be notified of the consultation recommendations to review with the patient.

Patient Alerts' Tele-Behavioral Health

Screening patients for behavioral health issues may often be a daunting task for health systems that might not have the resources for a robust behavioral health staff. Patient Alerts recognizes this and through their network of behavioral medicine focused providers is able to provide real time consultation to the patient during their primary care visit. This "right care/time/place" model benefits the health system by not requiring an expensive licensed individual to constantly be "on call" for the primary care behavioral health consult that occurs just a few times per day. It also benefits the patient who is able to consult with the behavioral health arm of the team. Should the patient require further services they will be connected with the first available appointment through the health systems behavioral health services or through the network of Patient Alerts behavioral telehealth provider network.

Patient Alerts' ePOLST Registry

- Seamlessly interact with EMR/HIE/EMS with electronic ePOLST Registry.
- Electronic digital signature of ePOLST form

